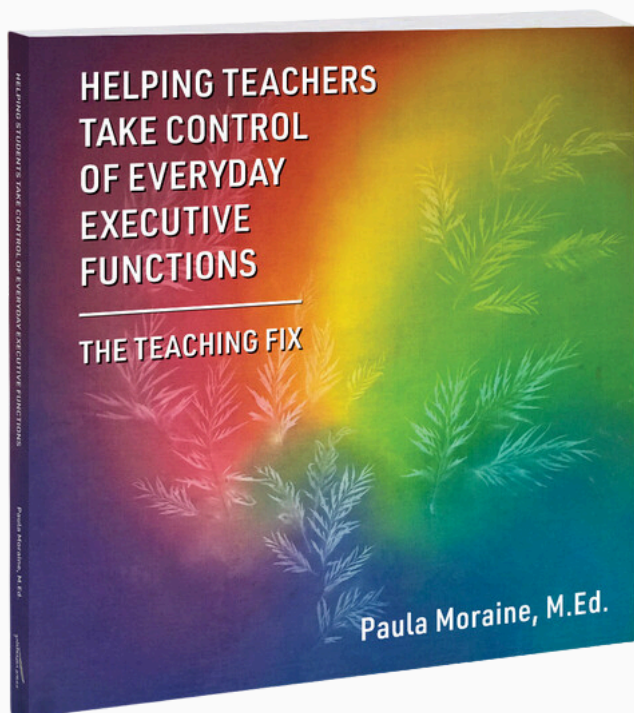


Helping Teachers Take Control of Everyday Executive Functions

The Teaching Fix is a practical and curiosity-driven workbook focused on helping teachers understand and take control of their executive functions. Insights gained through self-reflection guide and support the teacher's personal and professional development.

This practical and curiosity-driven workbook focuses on helping teachers understand and take control of their executive functions. Insights gained through self-reflection guide and support the teacher's personal and professional development. This workbook is effective in group or faculty settings, as a guided book study, or as an accompaniment to a formal presentation or workshop. Its most important application might be as a catalyst for collegial conversation. The principles presented in this book are transferable to other professions and life situations.



“Moraine's book is a true gift to teachers. She offers practical insights to empower both new and experienced teachers as professionals and as individuals navigating a complex world. Her approach is entirely unique, offering fresh insights and reframing traditional ideas as she equips educators with tools to explore their own executive function abilities. They will see themselves and their students through an entirely new lens.”

*Carolee Dean, MS, CCC-SLP, CALT
Speech-Language Pathologist/Dyslexia
Therapist/Author*

About the Author

Paula Moraine, M.Ed., has taught and tutored elementary grades, high school, and college students. In addition to mentoring, coaching, and educating adults in teacher training programs in the US, Germany, and Scotland, she has lectured widely both in the United States and abroad and has led interactive workshops on education, parenting, teaching, and learning differences. Paula has served as faculty chair for a K-12 independent school and has contributed to various non-profit boards. She is the author of *Helping Students Take Control of Everyday Executive Functions: The Attention Fix* (2012) and *Autism and Everyday Executive Functions* (2015).



Scan for More Resources

